



## South Shore Community Partners in Prevention

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### **South Shore Community Partners in Prevention (CHNA 23) Wednesday, May 10, 2023 9:00AM – 10:15AM Minutes**

In attendance: Karen Peterson, BID-Plymouth; Marie Yang, NAMI Plymouth Area; Barbara DeCunzo, NAMI Plymouth Area; Heather Greene, iCMP MGB Harbor Med Assoc; Sheila Flaherty - NAMI Plymouth Area; Sean Halpin, Plymouth Public Schools; Theresa Harmon, RN, LICSW - Brigham Health, To the Moon and Back, Private Practice; Christine Graziano, RN care manager-Harbor Medical MGB; Kathleen Wright, Drug Story Theater; Jessica Gustafson, LMHC, Brigham Health; Morgan Payzant, OCES; Sam Correia, Community Engagement Librarian at the Duxbury Free Library; Malissa Kenney, Cape Cod Collaborative Arts Network and Healthy Plymouth; Cheryl Kramer, Student Wellness Case Manager, Cape Cod Community College; Allyson Holland, Community Coordinator for Plymouth WIC; Charlette Tarsi - Plymouth County Hub; Kathleen Considine, NAMI Plymouth Area; Rob Mencunas - Healthcentric Advisors (HCA); Sue Giovanetti, Plymouth Area Coalition for the Homeless; Mike DeMedeiro, Relief Home Health (Psych/addiction focused VNA); Tanya Stenson NAMI Plymouth; Kim Scotland, United Way/SSCPP); & Mike Jackman, Congressman Keating's Office/SSCPP Chair

Mike Jackman, SSCPP Chair kicked the meeting off at 8:59am. He shared SSCPP's Annual Meeting is on Friday, June 9th at the Duxbury Library.

All in attendance voted to approve the April meeting minutes.

Mini Grant Outcomes Report: Drug Story Theater Translation Services Initiative  
Presented by: Kathleen Wright, COO Drug Story Theater

- Karen shared an overview of Drug Story Theater. They are a small nonprofit organization focused on treatment and prevention education programming that allows teens in the early stages of recovery from drugs and alcohol to share their story in a theater format. Stories are shared as plays at high school and middle schools so that the story of one can become the treatment of many. During COVID, DST was able to take a filmed show and turn into an online recording. SSCPP funding allowed the video to be translated into both Spanish and Portuguese.

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- Karen provided some background. There are many children that are English second language speakers in the schools in MA. 85% of kids in MA that are ESL learners are speaking Spanish and Portuguese. They were able to use MCTV to translate the performances and a local Marshfield editor. Spanish translation was done by one of the kids in the theater and Portuguese was done by a local student. The video in multiple languages was rolled out to 11 towns in SSCPP catchment area. There are approximately 700 students that are ESL learners in this area. At the same time, also shared the program with schools in Brockton and Milford. Have received great feedback in the schools.
- Karen welcomed any connections for more schools and places to share the Drug Story Theater materials. At this point, every high school and middle school in Plymouth County has the resource to use if they'd like.
- LINKS: Drug Story Theater Spanish ELL prevention education <https://forms.gle/9A5ECZs8jBSxdBHn7>
- Portuguese ELL <https://forms.gle/G2ynVZKBZtyWNNok9>

Mike introduced the speakers for the meeting's major topic of Mental Health part 2. SSCPP is happy to have NAMI Plymouth Area as an active member of the group.

### **Major Topic: Mental Health Panel Part 2**

National Alliance on Mental Illness (NAMI) Plymouth Area

Presented by: Sheila Flaherty, Marie Yang, and Barbara DeCunzo

Website: [www.namiplymoutharea.org](http://www.namiplymoutharea.org) or email [info@namiplymoutharea.org](mailto:info@namiplymoutharea.org)

- NAMI Plymouth Area is a 501c3 nonprofit governed by a Board of Directors. Its mission is to provide advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives.
- NAMI has over 600 local affiliates in 49 states. NAMI Plymouth area is one of 18 groups in MA.
- NAMI Plymouth area serves 13 towns and has about 70 members. The group is entirely volunteer run. Do not have physical office space- rotate at members' homes, DMH, and now use Zoom for the majority of their meetings. All programs offered are free.

Education & Support Programs provided:

- Free Family Support Groups... We meet the 1st and 3rd Thursday of each month via ZOOM as a group to help and support family members who have loved ones living with a mental health condition.
- Free Family to Family Course... This educational program is an 8 week course, providing families with crucial information about mental health.

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- In Our Own Voices (IOOV) Presentations... These informative panel discussions provide hope that recovery is real and be achieved.
- Also have their Annual Meeting/Plymouth Luncheon and Jump Start program each year and attend the NAMI Walk coming up this year on May 20<sup>th</sup>. They help with advocacy and participate in many local health coalitions.
- NAMI recently revised the [Roadmap](#) in 2023 put together by the DMH Plymouth Site Board and NAMI. Have delivered to many police stations and the schools and have distributed over 500 copies so far. If you would like a hard copy, please contact Sheila.
- NAMI holds a gift giving event every December. Dedicated members come together and donate the gifts to Pembroke Hospital. Also give gift cards to local group homes and copies of *You Are Not Alone* by Dr. Ken Duckworth during a tough time of year for people.
- Created a t shirt this year and are having a contest. Recently held a Parenting in Recovery as a Catalyst for Change program.

### **MA Behavioral Health Help Line**

Presented by: Erin Rindfuss, LCSW

Community Relations Representative, MA Behavioral Health Partnership

A Carelon Behavioral Health Company

Erin Rindfuss, LCSW | 571-837-0967 | [erin.rindfuss@carelon.com](mailto:erin.rindfuss@carelon.com)

- The MA Behavioral Health Helpline is accessible 24/7/365 via call, text, or chat. [masshelpline.com](http://masshelpline.com) | 833-773-2445(BHHL)
- Erin provided some background. In 2019, DMH began work to improve helplines in MA. A very common way of getting mental health help is by going to the ER and this is time consuming and not always getting help needed efficiently. This helped create the new DMH roadmap. The BH Helpline connects folks to a full range of services. Front door to all residents of MA to access treatment. Provides individuals with warm hands offs to CBHCs, community partners, and other providers. This program started in January of 2023. There is no fee to use the service. Will need to use insurance when connected to a provider.
- Helpline assists with routine needs and service connection including outpatient, urgent and immediate crisis intervention.
- Provides real-time, live clinical triage and service navigation in multiple languages 24/7
- Collaborates with existing statewide services such as Mass 211, Bureau of Substance Addiction Services (BSAS) Substance Use Helpline, and 988, including protocols for connecting help-seekers and raising awareness about the statewide toll-free Behavioral Health Help Line
- Warm hand off means they will not leaving you hanging- will connect you to referral service then and there with you on the line. Also provided follow-up. Can help

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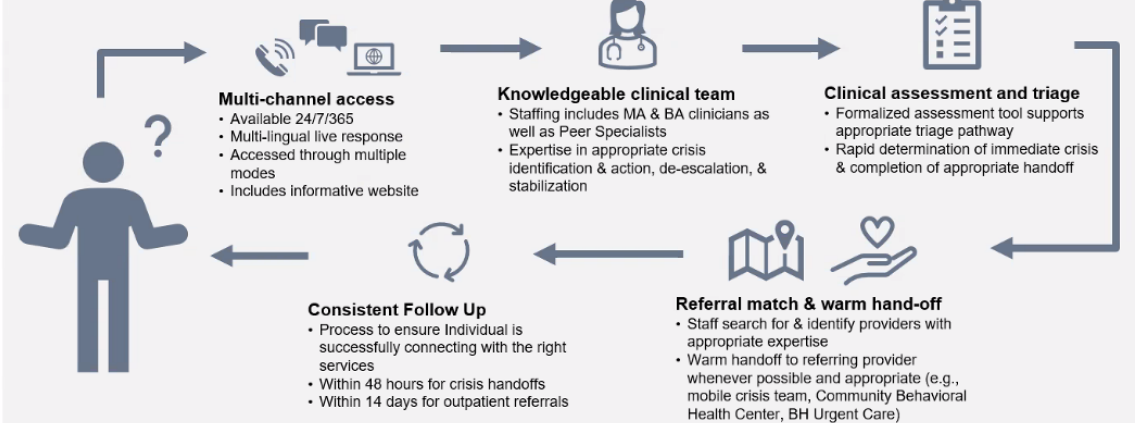
individuals directly or loved ones. Can assist youth but need parental consent to make a referral.

- How it works:

## Behavioral Health Help Line – Effective January 2023

The 24/7 Behavioral Health Help Line will be a single, insurance-blind, multi-channel entry point for Commonwealth residents in search of mental health and substance use disorder treatment

### Key elements of the 24/7 Behavioral Health Help Line



### Enabling technology



The Help Line will be closely coordinated with key existing resources, such as:



- Have over 200 languages available and deaf/hard of hearing resources. When a person calls, they are greeted by a clinician. Typically, clinician will do an assessment in a conversational way and if someone is higher risk will deescalate and use coping skills. Then they will do a referral match and warm hand off. Will then check in via follow-up.
- The BH Helpline works hand in hand with 988. BH Helpline's main differences are the follow-up, master level clinicians vs peer support, and referral match.
- After call, the clinician will share assessment with the referral source with consent.
- Opened for Q&A. The helpline is receiving about 1,000 calls/week.

## SSCPP Announcements

Next Meeting is the SSCPP Annual Meeting & Health Literacy Awards on Friday, June 9<sup>th</sup> at 9:00am the Duxbury Library. Guest speaker will be a legislative update from Senator Julian Cyr.

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Will also be electing steering committee at the June meeting. There are a few open slots. Please contact Mike or Kim if you are interested in joining the steering committee.

SSCPP co-hosted a great Community Health Worker event in partnership with the Brockton CHNA on April 28<sup>th</sup>. Thanks to all who attended! SSCPP hopes to continue the work and look at next steps.

Karen shared BID Plymouth is offering a free grant writing resource. Information was sent out to SSCPP email list for grant writing technical assistance opportunity in addition to workshops they are offering.

Adjourned at 10:18am.

Next Meeting: June 9<sup>th</sup>

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