



South Shore Community Partners in Prevention

South Shore Community Partners in Prevention (CHNA 23)

Wednesday, September 8, 2021

8:55 A.M. to 10:00 A.M.

Zoom Meeting

Minutes

In attendance: M. Cardoso; Katelyn McSweeney, High Point Treatment Center; Kristi Faby, South Shore Conservatory; Carole Guerin; UMass Extension Nutrition Education and Gardening Educator; Vicky Butler, Program Director for Plymouth County Outreach and SSCPP steering committee member; Hannah Panteleos, Plymouth County Outreach Operations Supervisor; Nikki Galibois, Director of Planning, South Shore Community Action Council; Charlette Tarsi, Plymouth County HUB; Tyra Jackson, DMH; Kathleen Considine, NAMI; Mike Jackman, Congressman Keating's Office, Malissa Kenney, Healthy Plymouth; Jessica Gonsalves - PC Family Support Inc.; Sue Giovannetti, Plymouth Coalition for the Homeless; Emma Morisson, HUB; Susan West, BID Plymouth; Nancy DeLuca, Health Imperatives; Deb Schopperle, BID Plymouth; Kelly Read, Old Colony YMCA; Jen Cantwell, Plymouth DA's Office; Stephanie Cully, Harbor Medical; Merielle Paul, Plymouth HEAL; Karen Kintz, DV Specialist, DTA/Brockton; Michelle Cardoso, BMC Healthnet Plan; Nicholas Mott, High Point Treatment Center/intern

Mike Jackman, SSCPP Chair kicked off at 8:55am. Mike asked all to introduce themselves in the chat.

All voted to approve the May general meeting minutes.

Special Election of Steering Committee Member Karen Peterson: SSCPP steering committee member Alison Gillis is transitioning to a new position at South Shore Health and Karen has been nominated to fill her seat. A bio on Karen was distributed ahead of the meeting. Karen serves as the Community Benefits Coordinator for South Shore Health and oversees the Youth Health Connection, South Shore FACTS, and the Healthy Aging Connection. All in attendance voted to approve Karen's nomination. Welcome, Karen!

Mini Grant Outcomes Report: South Shore Conservatory/ New Heights Partnership

Mike shared that SSCPP values allocating resources into the community through its grant program. We invite our grantees to present an outcomes report at the completion of their program. Mike introduced Kristi Faby, Director of Creative Arts Therapy at SSC to share a report.

- The initiative is a partnership between South Shore Conservatory and Algonquin Heights, a low-income housing development in Plymouth.
- Mini grant served over 100 individuals.
- Shared some successes including ukulele classes, drum circles, and story time sessions with music.

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- Challenges: Zoom and COVID. Had to temporarily shift some programs to a virtual model, and the kids and families were a bit Zoom fatigued. Are planning a ukulele concert in person soon that had to be postponed.
- Opened for Q & A.

SSCPP Grants Update: Mike shared that the steering committee discussed some changes to the process this year. Funding for CHNA is received solely from Determination of Need Process through DPH. Some of this funding is going to other community projects so there is not as much funding available this year for the CHNA. As a result, the steering committee is scaling the behavioral health grants process down to \$10,000/year. Total spending for grants for the year will be about \$50,000. Last year we spent approximately \$140,000 on grants. The steering committee will be prioritizing new grants this year. On a bright note, SSCPP will be hosting a grant writing session at one of our SSCPP spring meetings.

SSCPP will be communicating with past grant recipients to be sure they are sustainable. The grant applications have been updated for 2021 – 2022 and will be posted on the website. Contact Mike or Kim with any questions. See current funding opportunities here: www.chna23.org/funding

Guest Speaker: Dr. Jeffrey Rediger, Medical Director of McLean SouthEast Adult Psychiatric Programs

- Mike introduced Dr. Rediger and shared bio. Thanked steering committee member Tyra Jackson for arranging speaker.
- Average wait for psych patient beds in MA is currently a week or more including the south shore.
- Needs are extremely high right now, especially among our young people.
- McLeans is opening another hospital on September 20th for a total of 68 beds at old High Point Hospital location in Middleboro- will be two adult units and one adolescent unit. People will still need to be admitted through the emergency room.
- Adolescent unit will be for ages 13-17 in-patient psychiatric program. Opened for questions on new location.
- Dr. Rediger delivered a talk on “Improbable Recoveries and Remarkable Achievements with Incurable Illnesses”
- Began medical evidence in 2003
- Illnesses we think are incurable are often related to significant lifestyle components
- Shared the current state of western medicine when it comes to major lifestyle illnesses such as cancer, diabetes, heart disease
- Nearly 1 in 2 Americans have a chronic health condition; 85-90% of killers are lifestyle illnesses
- WHO has named depression as the #1 health program in the world
- Prevention is key – shared some of the stories of individuals he has worked with
- Talked about “the next step beyond a science of disease: a science of health, healing and wellbeing” In addition to medications, it is important to treat the deeper causes of illnesses “What is the message of this illness?”
- Discussed the “democratization of medicine”
- Opened for Q &A

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- Recording to be posted on SSCPP [website!](#)
- Dr. Rediger's new book is called "Cured: The Life-Changing Science of Spontaneous Healing" and can be purchased widely
- Learn more here: www.drjeffreylediger.com

Opened floor for announcements or upcoming programs.

Next Meeting: October 13th

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