



South Shore Community Partners in Prevention

South Shore Community Partners in Prevention (CHNA 23) Wednesday, December 9, 2020 8:55 A.M. to 10:00 A.M. Zoom Meeting Minutes

In attendance: Mike Jackman, Congressman Keating's Office; Katelyn McSweeney, High Point; Marylew Lis, OCES; Nancy DeLuca, Health Imperatives; Amy Sylvia SSRAC; Trudy Avery - Cook Family Charitable Fund, Jen Cantwell DEC Initiative, UWGPC Family Center and Marshfield FACTS; Vicky Butler, Program Director for Plymouth County Outreach; Tyra Jackson, DMH, Steering Committee Member; Maureen Doherty, BID-Plymouth; Kati Mapa, UWGPC Family Center; Heather Kashman, Pembroke Hospital; Sue West, BID Plymouth; Marcia Richards BID Plymouth Community Nutrition and ACCESS HIV/AIDS Program; Kim Allen, SSCPP & United Way; Jeff Stone & Matthew Martin; Outreach Program, Sue Gioavanetti, Plymouth Area Coalition for the Homeless; Kathleen Considine, NAMI; Jen Seaberg

Meeting called to order by Mike Jackman, SSCPP Chair at 9:09am. He alerted all that the meeting is being recorded. View recording [here](#). All introduced themselves in the chat.

All in attendance voted to approve November meeting minutes.

SSCPP Gratitude Discussion: Mike shared some slides on the health benefits of gratitude. Gratitude has Psychological benefits, physical benefits, and social benefits. Also helps employees perform better! Shared a resource he came across called gratitude365.com. Also has a Facebook group. There are many great resources on gratitude and mindfulness out there.

Mike led a discussion on gratitude by sharing three things he is grateful for and welcome folks to share and/or post in the chat.

Mini Grant Outcomes Report: Jen Cantwell, Marshfield FACTS

- SSCPP awards grants on quarterly basis and asks our grantees to share outcomes reports. Jen presented on Marshfield FACTS grant awarded last year. Marshfield FACTS received a small grant to purchase 50 books of the "Hey Kiddo" graphic memoir. Has terrific artwork and a big hit with young folks currently. It's a true story and the author lives in Western MA. Jen shared it is about a youth growing up in Worcester with grandparents because his mother was a heroin addict.

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

- First reached out to the middle school at Furnace Brook. Got a great response. Started in January of 2020. Hosted a group book read and gave the book to 8 staff members to started an after schoolbook club.
- From here, began partnering with the Marshfield Boys & Girls Club with left over books. Intention was to run a middle school age book club. In person programming ended in March due to the pandemic. Are now doing a lot of programming remotely and intend to build this group up again in the future when more middle schoolers are there. Also donated 25 books to the Ventress Library in Marshfield. They are part of the Old Colony Network so any other town in this network could do a book club as well. Have established some great connections in the town to do future projects.
- Are hosting a free virtual “Meet the Author” event with Jared Krosoczka on January 12th at 7:00pm. Jen encouraged folks to save the date. Will share link when it is available.

Holiday Giving Efforts

Mike introduced Jeff Stone, Community Food Packaging and Matthew Martin, Outreach New England

- SSCPP has funded this program for the last two years.
- Jeff shared that Community Food Packaging’s overall mission is to get funds and bring folks to action to pack meals for our local food pantries. Last year, they raised enough money for 700 volunteers to 250,000 pack meals in 1 day! Set a goal this year to feed 1 million people with his church and raised a total of \$300,000. So far, they have packaged nearly 1 million meals in just a few months.
- Matthew shared his story with Outreach New England. His bosses began their work in east Africa. They then realized hunger locally was a very big issue too. Matthew was a Pastor in Quincy. Began 10 years ago and traveled around the Northeast. His work in the last 5 years has been exclusively New England.
- Now have a warehouse in Pembroke where meals can be packed which has been crucial during the pandemic. Beforehand, the Outreach Program was a mobile initiative where Matthew would travel to each meal packing location. Last year, hosted 120 events.
- So far, have 850 families signed up to pack meals at the warehouse in Pembroke. Are limited to 25 people in the warehouse at any given time. With small groups, takes more time to pack. Every shift is 3 hours. Have done 223 events this year. New England has had an increase in hunger by 150%. Volunteers may sign up to pack at the warehouse [here](#).
- All meals only need hot water added to make and are very nutritional. Motto is “ending hunger, enriching lives”. Meals are shelf stable for two years.
- For donations, the address is 93 Whiffle Tree Lane in Marshfield and the checks can be made out to the Outreach Program. It is a year round operation.
- Marcia Richards shared that she created a few recipes using Outreach Program meals. Will share with Matthew and will include in her new recipe book.

Sue Giovanetti, Plymouth Area Coalition for the Homeless

- Sue shared about the current work being done by her agency and what they are doing for holiday giving.
- Children's Holiday Fund: <https://www.plymouthareacoalition.org/childrens-holiday-fund/>
- The coalition is first and foremost are a shelter and offers emergency assistance.

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

chna23@gmail.com

facebook.com/chna23
twitter.com/soshoreprev

www.chna23.org

- Were established in 1985 and catchment area is the 22 south shore communities. Help folks to get to stable housing and self- sustainability. They also offer programming at the shelter. Are looking to create more virtually programming in January.
 - Offer basic needs support, food pantry and nutritional advice. Working to place printed materials into food boxes in the pandemic to share resources with clients. Have seen 4x the client base at the food pantry during the pandemic.
 - Normally have 75 core volunteers, currently only have less than 10 due to safety concerns. Sue shared the community response has been amazing.
 - One of greatest concerns is given the COVID crisis; we know there are a tremendous number of people not familiar with services out there. They do not know how to look for support and very hard to ask for help. Agency is here and ready to serve. Put out over 300 turkey dinners for Thanksgiving serving 1,500 individuals.
 - Children’s Holiday Fund is still accepting applications and is promoted to the readership of the Old Colony Memorial. Provide toys, clothing, winter wear, and a holiday dinner. As of meeting date, were still accepting applications for fund.
 - Also have a 24/7 hotline for folks to call in crisis called “Voice in the Night” which may be accessed via 781-582-2010.
 - Shelter houses 12 families and up to 63 individuals.
-
- The floor was opened for announcements. Mike encouraged folks to check out the SSCPP Facebook page: www.facebook.com/chna23. We are currently posted a health literacy video series. If you have videos on your agency to share, please send our way. E-mail: chna23@gmail.com

Next Meeting: February 10th

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

chna23@gmail.com

facebook.com/chna23
twitter.com/soshoreprev

www.chna23.org