



**STEERING COMMITTEE NOTES FOR JANUARY 2, 2020  
1:30 - 3:00 P.M.**

**MEETING LOCATION**

Funkhouser Conference Room A, Beth Israel Deaconess Hospital Plymouth

**MEETING ATTENDEES**

<b>STEERING COMMITTEE 1.2.20</b>		
Kathleen	Considine	X
Nancy	DeLuca	
Maureen	Doherty	X
Tina	Dwyer	X
George	Gorgizian	X
Elizabeth	Haughn	X
Mike	Jackman	X
Siobhan	McKay	X
Jim	O'Neil	X
Deb	Schopperle	
Susan	West	X
Lauren	White	
<b>STAFF</b>		
Kim	Allen	X

Mike, SSCPP Chair called the meeting to order at 1:41PM.

**PREVIOUS MONTH'S MINUTES:**

All in attendance voted unanimously to approve minutes for December. Kim to post on SSCPP website.

**FINANCE REPORT**

- George reviewed and passed around finance report.
- Reviewed expenses for the month of December: \$15,324
- Tina shared that a new SSH DoN disbursement will be sent out.
- Cash available: \$340,533.71
- All in attendance voted unanimously to approve the finance report.

**TECHNOLOGY**

- Kim shared that we had 12 visitors to our calendar page on the website last month, 9 of which were new.

- Overall, we saw 195 users, 177 of which were new. On Facebook, we have 190 likes (up 2 from previous month) and reached 251 people over the last 28 days.
- Discussion had on site content- is there too much on site? Do we need to re-organize? The site does have a search box.
- All asked to take a look at our site for feedback and discussion at our next meeting.
- Survey Monkey: Recently, our Survey Monkey account auto-renewed (without our knowledge) to continue our membership for the coming year. It costs \$433 annually. This is the least expensive plan available and allows for only 1 user.
- We have not used the account that much in the last year. Kim to see if we can get back payment for this coming year. Either way, will cancel paid membership for 2021.

## HEALTH LITERACY

- HL subcommittee met prior to steering committee meeting. Committee members shared an update.
- Will be revisiting the HL initiative action plan at their next meeting to be sure we are looking at most important goals.
- Working with Carver Cares on a video showing at the Carver Library “If They Only Knew” this coming March. Are working on door prizes for event. Thinking next film could be in late spring with the possible topic of mental health.
- Talked about using our Better Relationships video and developing some new opportunities to show this. Also talked about more outreach to clergy and school groups.
- Jim to present to ESL group at library. Kathleen presented in November.
- Will be meeting this month with folks from Quincy College to see if their students would be interested in being involved with our efforts.
- Will be a double issue for January HL newsletter. Bethany will feature Interface in a newsletter to help with promotion/awareness. Tina shared SSH is applying for a grant to offer Interface in more towns.
- We are funding Interface for 2 out of 3 years in Plymouth. They are due to send in their 6 month report at end of January. Kim to send out 3 month report to steering committee with minutes and we can address any questions at next meeting.

## GRANTS

- **Health Literacy Grant- Plymouth Suicide Prevention**
- Grant asks for \$7,300 for two folks to attend ASIST training in Colorado.
- Will train two folks from group (Jennie & Paul) - grant is for training costs and airfare. They will cover the hotel costs.
- If awarded grant, Plymouth Suicide Prevention will provide 4 free trainings.
- All discussed. Questions: They are not currently certified to do this particular training. Looks to be more in depth and specific to suicide. Can they receive this training more locally? Is anyone else in Eastern MA trained for this? What are their metrics? How does recruitment work? How does ASIST differ from current trainings? Have there been any efforts to get Living Works to come here? Is there a company closer that does comparable training? What is the target audience for this training? Does it offer CEUs?

- Mike will pose questions and ask for answers within two weeks. Will share responses for an electronic vote.

## MEMBERSHIP

- Have new member for the HL committee- Meg Garfield.

## InterCHNA

- Tina shared an update. Group is meeting in January.
- Applying for two grants for healthy aging, homelessness and housing insecurity to hire community health workers. Hope to expand for all 33 towns. If awarded, InterCHNA will be governing group for both grants to be sure we are impacting the right towns. SSH will be fiscal agent. If we get these grants, need to promote widely.
- Mike and Deb are SSCPP reps for interCHNA. If anyone is interested in joining, let Tina know.

## MA HEAL Grant

- Still have a lot of questions. Several steering committee members have taken the survey sent out by BMC.
- Mike shared that we are hosting a meeting next week on Jan. 8<sup>th</sup> at 12pm. Mike has reached out to a lot of folks to attend this meeting. He will send out more info when location is set for anyone interested in joining. Will have Brandy and others from BMC in attendance.

## GENERAL MEETING PLANS

- January: Will take place in Medical Office Building. Presentation by Commissioner Kay Doyle of the MA Cannabis Control Commission. Kay will speak on the medical uses of marijuana. Mike shared some suggested questions with Kay. Jim shared an article on medical cannabis for elderly in New York and can ask if anything like this is happening in MA. Anticipate audience questions. Siobhan will also share some information from her recent trainings. Also have mini grant presentation from Jeff Stone on meal packing.
- February: Topic is Adverse Childhood Experiences (ACEs). Kim reached out to Dr. Sege regarding a potential presentation but has not received a response. She will reach out to Kati Mapa to present on the Drug Endangered Children's Initiative along with Ed Jacobs from the Plymouth County's DA Office to share about their work on ACEs
- Other idea for future meetings: George is working with Jim Frazier on work with the DA, Brockton Mayor and Sheriff. Jim could share this work and the resources available in March. George to reach out.
- Second idea: Dr. Kleinman, psychologist at Harvard. His wife has been diagnosed with Alzheimer's and he wrote a book about being lost in the system and how to navigate. Jim to see if he can reach him.

## Promotion/Marketing

- Still have new business cards available for anyone that needs them.

Opened floor for announcements/ new business.

Adjourned at 3:02 PM.

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Kingston, Marshfield, Pembroke, Plymouth, Plympton, Rockland