



South Shore Community Partners in Prevention

South Shore Community Partners in Prevention (CHNA 23)

Wednesday, October 16, 2019

8:45 A.M. to 10:15 A.M

Plymouth Center for Active Living, 44 Nook Road

Plymouth, MA 02360

Minutes

In attendance:

<u>First Name</u>	<u>Last Name</u>	<u>Organization</u>	<u>E-mail</u>
Kim	Allen	United Way of Greater Plymouth County	chna23@gmail.com
Shannon	Barry	SSCAC Head Start	
Betsy	Botch	SS Early Education Head Start	
Donna	Ciapina	Duxbury Senior Center	
Sarah	Cloud	BID Plymouth	
Erin	Cohen	Road to Responsibility	ecohen@rtr.org
Kathleen	Considine	NAMI	
Tom	Cummiskey	Plymouth Public Library	tcummiskey@ocln.org
Nancy	DeLuca	Health Imperatives	
Kathy	Dunn	New Heights	
Sheila	Flaherty	NAMI Plymouth	
Kate	Fulton	Father Bills & MainSpring	
Sean	Haplin	Plymouth Public Schools	

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Liz	Haughn	CHNA	
Mike	Jackman	Congressman Keating's Office, SSCPP Chair	michael.jackman@mail.house.gov
Malissa	Kenney	Healthy Plymouth/New Heights	
Todd	Kierstead	Plymouth Center for Active Living	tkierstead@townhall.plymouth.ma.us
Barbara	Leahy	Plymouth Pediatric Assoc.	
Kelly	Macomber	Plymouth Public Schools/PYDC	
Kati	Mapa	United Way	Kati.mapa@ccbrockton.org
Christine	Mateer	Benchmarks at Plymouth Crossings Assisted Living	
Merielle	Paul	High Point	mpaul@hptc.org
Amy	Sylvia	SSRAC Road to Healing	amy.sswrc@hptc.org
Ami	Tanner	Algonquin Heights	
April	Thompson	Plymouth Center for Active Living	
Liz	Weiner	OCES	
Lauren	White	Health Imperatives Plymouth WIC	lwhite@healthimperatives.org
Cristina	Wilson	Old Colony YMCA	

Meeting called to order by Mike Jackman, SSCPP Chair at 8:52 a.m. All were welcomed and gave self-introductions. Minutes from our September meeting were approved and accepted as is.

Mike shared that SSCPP received six applications for its Behavioral Health grant!

Mini Grant Outcomes Report: New Heights/ South Shore Conservatory

Malissa Kenney, Kathy Dunn, and Anne Smith presented.

- The mission of the New Heights initiative is to provide after school enrichment for all residents of Algonquin Heights. South Shore Conservatory's mission is to provide access to exceptional

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arts education and performance for the South Shore community, fostering creativity, artistic growth, and well-being for individuals of all ages and abilities.

- Presenters reviewed programming offered to families at the Algonquin Heights low income housing in Plymouth provided through SSCPP funding during grant period.
- Offered community drumming to 30+ participants, youth chorus at SSC in Duxbury (provided transportation for kids), after school yoga, family story time, and afterschool ukulele.
- A total of 160 people were served through initiative from infants to grandparents.
- Great for conversation and community building and music also offers many social/emotional benefits to participants
- Program utilized 9 partners and held 6 community gatherings
- Some obstacles: middle and high school students are at times reluctant to engage, lack of parental support, trust, fear of trying new things, off-campus programs require transportation and supervision.

Unpacking Behavioral Health Panel

Presenters: Sarah Cloud, Director of Social Work, BID Plymouth Hospital

Kelly Macomber, Program Coordinator, Plymouth Youth Development Collaborative

Presentation slides may be found on our website: <http://chna23.org/about-us/presentations-from-chna-23-general-meetings/>

- Both speakers introduced themselves and shared their backgrounds.
- Share information on the terms “behavioral health” and “mental health”. The two terms are often used interchangeably. Mental health falls under the umbrella of behavioral health.
- Shared a visual of the care delivery system for both terms (see slides).
- Behavioral health relates to the whole person – looking at the person where they are and addressing what they need.
- Behavioral health addresses the prevalence of co-occurrence between mental illness and other chronic health conditions
- Shared a recent clip of Hunter Biden on Good Morning America and discussed proper terminology – “Do say” vs. “Don’t say” as we discussed the impact of language
- Suggested always starting with “a person” to break down language and reduce stigma. Labels are not who a person is as a whole.
- Sarah shared how BID implements behavioral health.
- Opened for Q & A with audience.
- Mike distributed information shared by Morissa Vital to our SSCPP e-mail list regarding the latest vaping resources.

Opened the floor for agency announcements.

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Next meeting is scheduled for November 13th. Please keep an eye on SSCPP e-mail list for meeting location.

Adjourned at 9:50am.

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