



South Shore Community Partners in Prevention

**South Shore Community Partners in Prevention (CHNA 23)
Wednesday, February 13, 2019
8:45 A.M. to 10:15 A.M.
Beth Israel Deaconess Hospital-Plymouth
Funkhouser Conference Room A
275 Sandwich Street, Plymouth**

Minutes

In attendance:

<u>First Name</u>	<u>Last Name</u>	<u>Organization</u>	<u>E-mail</u>
Kim	Allen	SSCPP Coordinator/United Way of Greater Plymouth County	chna23@gmail.com
Doara	Andrade	OCEs	dandrade@ocesma.org
Betsy	Botsch	South Shore Early Education Head Start	
Donna	Ciappina	Duxbury Council of Aging	
Erin	Cohen	Health Imperatives	
Tom	Cummiskey	Plymouth Public Library	
Nancy	DeLuca	Health Imperatives	
Blake	Dinius	Plymouth County Extension	
Cam	Dnuis	Advocate, Inc.	
Maureen	Doherty	BID Plymouth	
Shawna	Fanning	High Point	sfanning@hptc.org
George	Gorgizian	PCCF	gGorgizian@PCSdma.org
Michael	Jackman	Office of Congressman Keating	Michael.Jackman@mail.house.gov

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

Heather	Kashman	Pembroke Hospital	Heather.kashman@uhsinc.com
Claudia	Kidd	South Bay Community Services	ckidd@southbaycommunityservices.com
Karen	Kintz	DTA- DV Unit	
Birgitta	Kuehn	Chair, Plymouth Board of Health	Birgitta.Kuehn@gmail.com
Kelly	Mules	South Bay Community Services	kmules@southbaycommunityservices.com
Amy	Pratt	DDS	Amy.j.pratt@state.ma.us
Kendall	Smith	HHSI	ksmith@hhsi.us
Amy	Sylvia	SSRAC – Road to Healing	
Ami	Tanner	Algonquin Heights Association	atanner@algonquinheights.com
April	Thompson	Plymouth Center for Active Living	
Kathryn	Trefry	KDC Healthy Families	ktrefry@kdc.org
Katie	Walker	Pembroke Hospital	

Meeting called to order by Mike Jackman, SSCPP Chair at 9:00 a.m. All were welcomed and gave self-introductions. Minutes from our February meeting were approved and accepted as is.

Mike shared that our **2019 SSCPP Health Literacy Awards** event will be on June 14th. Nominations forms were available at the meeting and will be shared electronically. We will be recognizing folks improving health literacy in our community. For more information and to download the nomination form, visit <http://chna23.org/latest-news>

Hoarding Panel

Mike introduced our panelists: Suzanne Otte, MSW, LCSW, Town of Scituate; Deputy Chief Alfred Elliott, Scituate Fire Department; Teresa Kourtz, Director of Protective Services, Old Colony Elder Services; Kelly Mules, Trauma Team Senior Clinician, South Bay Community Services

Slides: <http://chna23.org/about-us/presentations-from-chna-23-general-meetings/>

Susan

- Provided an overview of hoarding.

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

- DSM V Criteria for Hoarding Disorder: Difficulty discarding and parting with objects; Difficulty discarding due to urges to save; Symptoms result in an accumulation of possession that clutter living areas; Distress or interference; Not better accounted for by a medical condition
- 3-5% or approximately 15 million people in the U.S .population has hoarding. The average age of onset is 13 years old and the average age of treatment is 50.
- Family history of hoarding is common. Often comes with co-occurring disorders- about 50% of folks also have major depressive disorder.
- The Scituate Hoarding Response team was established in 2014 to respond to cases in their local community. Two roles: enforcement and support. Since 2016, have served 75 participants on the south shore. Ran two online treatment groups in partnership with CHNA 20. More info: www.southshorecrc.org

Deputy Chief Elliot

- It is not uncommon for firefighters to respond to hoarding cases.
- Often times, hoarded items collected are flammable and impact rescue as it is harder to enter/exit. Often times have non-functional gas/electric or do not have running water. Less likely to get help to fix so seek alternative ways to get heat, etc. Many of these homes do not have working smoke alarms. Not always evident from exterior.
- Hoarding makes it difficult to keep fire in the room of origin and puts neighbors at risk. Takes more personnel to put out fires.
- One goal of the Scituate Response Team is to identify hoarding houses and pre-plan for emergencies (unblock exits, install smoke alarms, etc.)

Terry

- Works with the Greater Brockton Hoarding Task Force which started in 2011 and partners with Mass Housing.
- Meet the consumer and see what they can help with, taking each situation on a case-by-case basis.
- Left resources from MA Housing on SSCPP resource table and the materials can also be found on the MA Housing website.
- Consumer advocate program uses harm reduction model- what can we do to make the person safest. People do not like to be labeled as “hoarders” and it is important to be sensitive.
- Sometimes recommend folks work with mental health workers- cognitive behavioral method is successful.
- Received SSCPP grant to run a Buried in Treasures group twice in the fall and twice in the spring.

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

Kelly

- Currently runs a Buried in Treasures Group at South Bay.
- Offer a great book and individuals in group are all provided one free of charge
- Group is pre-emergency- good candidates are people who have control over their stuff. Help to make sure folks are safe and space is functional. Meet people where they're at.
- Identified needs of folks with hoarding disorder: Want to work with support person as a team; ADHD is common with hoarding and appreciate help focusing on task in front of them; want emotional support and most want to be visited in home; help make decisions, but do not make them for them; accompany on non-acquire trips, do not argue, do not touch or move anything without permission, do not work beyond your tolerance level.
- Group shared ideas on what they need for support and ideas to share with SSCPP: be sensitive and recognize as a medical condition, be concerned about the person, not just their stuff

Opened floor for Q & A with panelists. Panelists recommended book *Digging Out* for family members.

Welcomed all to share any agency events or announcements. Our spring grant deadline is April 15th.

The next meeting is scheduled for **April 10th**.

Meeting adjourned at 10:15am.

Respectfully submitted by Kimberly Allen
CHNA 23 Coordinator
United Way of Greater Plymouth County
934 West Chestnut Street
Brockton, MA 02301
chna23@gmail.com

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

chna23@gmail.com

www.chna23.org