



South Shore Community Partners in Prevention

**South Shore Community Partners in Prevention (CHNA 23)
Wednesday, January 10, 2018
8:45 A.M.to 10:15 A.M.
Beth Israel Deaconess Hospital- Plymouth
Funkhouser Conference Room A
275 Sandwich Street, Plymouth**

Minutes

In attendance:

<u>First Name</u>	<u>Last Name</u>	<u>Organization</u>	<u>E-mail</u>
Kim	Allen	SSCPP Coordinator/United Way of Greater Plymouth County	chna23@gmail.com
Katlyn	Auty	Southcoast Behavioral	Katlyn.auty@southcoastbehaviorial.com
Maureen	Cavicchi	DDS	Maureen.cavicchi@state.ma.us
Sarah	Cloud	BID Plymouth	scloud@bidplymouth.org
Katie	Dahlen	Marshfield COA	
Barbara	DeCunzo	NAMI Plymouth Area	jusbeacruz@aol.com
Maureen	Doherty	BID Plymouth	mdoherty@bidplymouth.org
Sarah	Drane	BID – Plymouth	sdrane@bidplymouth.org
Kathy	Dunn	New Heights	
Tina	Dwyer	South Shore Health System	Katrina_Dwyer@sshosp.org
Shawna	Fanning	High Point	sfanning@hptc.org
Ashley	Frazier	BID Plymouth Access	afrazier@bidplymouth.org
Nate	Horwitz-	Plymouth Public Health	nhorwitz-willis@townhall.plymouth.ma.us

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Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

chna23@gmail.com

www.chna23.org

	Willis		
Russ	Illes	Magic Hat Project	ssur1@verizon.net
Mike	Jackman	Congressman Keating, SSCPP Chair	Michael.Jackman@mail.house.gov
Malissa	Kenney	Healthy Plymouth/ New Heights	wmakenney@msn.com
Maureen	King	DDS	Maureen.king@state.ma.us
Alysha	MacDougall	Plymouth WIC	amacdougall@healthimperatives.org
Kelly	Macomber	Plymouth Public Schools	kmacomber@plymouth.k12.ma.us
Siobhan	McKay	Plymouth DDS	siobhan.mckay@state.ma.us
Merielle	Paul	Plymouth Area SAPC	mpaul@hptc.org
Jean	Riley	Housing Solutions	
Caroline	Sullivan	Father Bill's & MainSpring	csullivan@helpfbms.org
Amy	Sylvia	SSRAC- Road to Healing	Amy.sswrc@hptc.org
April	Thompson	Plymouth Center for Active Living	
Karen	Wegner	Our Lady of Lourdes Parish Nurse	cwhite@rtrinc.org
Sue	West	BID Plymouth	SM.West@verizon.net
Anellen	Zalis	High Point	azalis@hptc.org

Meeting called to order by Mike Jackman, SSCPP Chair at 9:00a.m. Everyone was welcomed and gave self-introductions. All shared how housing affects their work.

Mike reviewed SSCPP's funding opportunities: Mini grants up to \$3,500, Health Compass grants up to \$7,500 and Health Literacy grants up to \$10,000. We are also finalizing RFP for our SSCPP behavioral health grant for up to \$25,000 per year for up to three years. Grant writer had health issues but is back to office and working on RFP.

Grant information is available on our website: chna23.org/funding

Mini Grant Outcome Report: South Shore Health System: "The Power of Mind/Body Connection: A Natural Relief to Chronic Pain"

- Heather Dwyer reported. Grant served a vulnerable population that usually would not receive this help as they could not afford it.

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- Program is for chronic pain management through an alternative treatment (yoga). It is a complement to medication for pain management.
- Those served were ages 40-80. Some have been experiencing pain for years.
- SSH is committed to improving access to care and helping patients reach their full potential. Focusing on quality of life- sleeping better, breathing exercises, savings money on prescriptions.
- An issue was transportation to class. Buying tools for the yoga class that were safe for the individuals to use helped a great deal.

Panel: Housing and its Impact on Healthcare

Part 1 - Defining the Problem

Panelists: Carl Nagy-Koechlin, Executive Director of Housing Solutions and Carl Alves, Chair, City of New Bedford Homeless Service Providers Network

Carl Nagy Koechlin

- Housing Solutions is a regional affordable housing delivery mechanism for Southeastern MA.
- Offer a rental assistance program, homelessness prevention program (RAFT), and HomeBASE for homeless families. Also run housing consumer information center and offer nearly 400 affordable housing units.
- Shared slides from Dr. Megan Sandel's "Housing as a Vaccine" presentation at Housing Solutions' Annual Meeting. Presentation slides can be found here: <http://chna23.org/about-us/presentations-from-chna-23-general-meetings/>
- Biggest challenge to address housing needs- resistance at the local level to things such multi-family housing. We are chasing a shrinking number of units.
- Offer workshops and trainings. Can present to case managers at agencies.
- Demonstrating the cost-effectiveness of potential solutions can help make an impact.

Carl Alves

Southcoast Behavioral Health

508-400-2799

- Shared national Point in Time Homeless Count data from 2016. Half a million people were found to be homeless and 37% of these individuals had behavioral health issues.
- "An end to homelessness means every community will have a comprehensive response in place that ensures homelessness is prevented whenever possible, or if it can't be prevented, it is rare, brief and not a reoccurring experience"
- Discussed the Medication Assisted Treatment Continuum such as sober homes, outpatient services, etc. Need to understand how each one impacts the people we serve.
- Things to consider: shrinking supply of appropriate housing options, outreach and engagement, ongoing community-based support. Collective impact is key.

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- Need philanthropists to help and need buy-in from the population we are serving. Need to look at alternate funding and resources.

The floor was opened for questions and discussion with panelists. SSCPP will continue this conversation at our February meeting. Please share any resources.

SSCPP is looking for input on its Health Literacy Survey. The survey link can be found on our website and should be completed by January 19th.

The floor was opened for agency announcements.

The next meeting is scheduled for **February 14th**.

Respectfully submitted by Kimberly Allen
CHNA 23 Coordinator
United Way of Greater Plymouth County
934 West Chestnut Street
Brockton, MA 02301
chna23@gmail.com

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