



South Shore Community Partners in Prevention

South Shore Community Partners in Prevention (CHNA 23)

Wednesday, May 9, 2018

8:45 A.M. to 10:15 A.M.

Beth Israel Deaconess Hospital- Plymouth

Funkhouser Conference Room A

275 Sandwich Street, Plymouth

Minutes

In attendance:

<u>First Name</u>	<u>Last Name</u>	<u>Organization</u>	<u>E-mail</u>
Kim	Allen	SSCPP Coordinator/United Way of Greater Plymouth County	chna23@gmail.com
Barbara	DeCunzo	NAMI Plymouth Area	jusbeacuz@aol.com
Alison	Demong	Don't Get Bit	alisondemong@hotmail.com
Maureen	Doherty	BID Plymouth	mdoherty@bidplymouth.org
Anna	Erdei	South Bay Community Services	anna.erdei@southbaycommunityservices.com
Shawna	Fanning	High Point	sfanning@hptc.org
George	Gorgizian	PCCF	gGorgizian@PCSdma.org
Angela	Harrington	BID Plymouth	aharrington@bidplymouth.org
Michael	Jackman	Office of Congressman Keating	Michael.Jackman@mail.house.gov
Malissa	Kenney	Healthy Plymouth & New Heights	
Sheri	Magnacca	Coastal Hearing Clinic Inc.	sheri@coastalhearingclinic.com
Patrick	McGuire	DHM Plymouth Site	Patrick.McGuire@MassMail.State.MA.US

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Siobhan	McKay	DDS Plymouth	Siobhan.Mckay@massmail.state.ma.us
Tabatha	Patrician	MCAHH	
Deb	Schopperle	BID Plymouth	dschopperle@BIDplymouth.org
Teri	Sexton	Carver Public Schools	
Amy	Sylvia	SSRAC- Road to Healing	amy.sswrc@hptc.org
Lynn	Smith	OCES	LSmith@ocesma.org
Naomi	Stahl	Carver Public Schools	
Kathryn	Trefy	KDC	ktrefy@kdc.org
Sue	West	BID Plymouth	SM.West@verizon.net
Betty	Whittaker	South Bay Community Services	
Anellen	Zalis	High Point	azalis@hptc.org

Meeting called to order by Mike Jackman, SSCPP Chair at 8:55 a.m. Everyone was welcomed and gave self-introductions.

Minutes from our April meeting were approved by all in attendance.

Mike shared information on **SSCPP's Behavioral Health** grant which is now available on our website. We will be awarding two grants up to \$25,000 each per year and renewable for up to three years. Due in September. More information: <http://chna23.org/funding/>

Steering Committee Openings: Our last meeting of the year and our Annual Meeting is on June 13th. Will hold our annual election at the meeting for officers and steering committee members. We have two openings on our steering committee. Steering committee meets the first Thursday of the month from 1:00 – 3:00PM at BID Plymouth Hospital. If you are interested, please send a brief bio to Kim at chna23@gmail.com.

Resource Table: We are rebuilding our SSCPP Resource Table which is available at each meeting. Please bring agency materials, brochures, event information, etc.!

Mini Grant Presentation: Calm Classroom at Carver Public Schools presented by Teri Sexton and Naomi Stahl.

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- Naomi and Teri are both educators and see the effects of stress and trauma on students.
- Definition: “Calm Classroom is a school-wide provider of mindfulness programming committed to cultivating peaceful, engaged classrooms and school communities by empowering students and teachers with mindfulness skills that support mental and emotional wellbeing.”
- Got trained as Calm Classroom facilitators thanks to SSCPP grant. Whole school now embraces idea of using mindfulness. Teri and Naomi trained over 30 staff on the program.
- Most activities take just 1-2 minutes and can be incorporated into students’ daily routines. Activities can be done sitting, standing and reclining.
- Pre-K to 5th grade use techniques daily - even used during MCAS testing.
- Are willing to share and happy to facilitate the implementation of Calm Classroom into other school districts.
- Also shared information on Balance for Kids initiative they are working on for the next school year.

Panel: Deaf/Hearing Impaired Communications & Substance Use Treatment Barriers

Panelists: Eveleen Cunningham; Kyle Murphy, MSW & RC; Tabatha Patrician, RC

Slides available on our website: <http://chna23.org/about-us/presentations-from-chna-23-general-meetings>

- Mike introduced panel. Health literacy and improved health communications are a big part of SSCPP’s action plan.
- Tricia Ford, Deputy Commissioner at MA Commission for Deaf & Hard of Hearing, shared an introduction. Currently have 42 staff and work closely with DPH. Are working with medical professionals and are also training consumers. Have developed curriculum for consumers, interpreters, and providers.
- Eveleen works with addiction and mental health. Goal is communication access and breaking down barriers for health and treatment services. Developed deaf recovery coaches. After detox, and individual gets paired with a recovery coach (similar to a sponsor).
- There are a lot of issues with addiction across the deaf community and we do not have all of the resources needed. Are working to develop these resources.
- Kyle and Tabatha are both recovery coaches and interns at the MA Commission for the Deaf & Hard of Hearing.
- Objectives: Improve understanding of differently abled prevalence, improve understanding of communication technologies, identify & distinguish between helpful modifications for effective communication.
- Barriers to communication include: linguistic, physical, cultural, interpersonal, and organizational.

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- Shared role-playing activity and information on deaf and blind communication. Also outlined the process of a deaf and/or blind person entering a treatment center.
- It is very important to show respect and make individual feel comfortable- avoid isolation. Ask person “How would you like to communicate?” and make eye contact when possible.
- Shared information on deaf culture and deaf interpersonal communication. Please reference slides for more information.

The floor was opened for questions and discussion with panelists.

The floor was opened for agency announcements.

The next meeting is scheduled for **June 13th**.

Respectfully submitted by Kimberly Allen
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