

# 7 Tips for Clinicians

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- ✓ Use plain language
- ✓ Limit information (3-5 key points)
- ✓ Be specific and concrete, not general
- ✓ Demonstrate, draw pictures, use models
- ✓ Repeat/Summarize
- ✓ Teach-Back (Confirm Understanding)
- ✓ Be positive, hopeful, empowering