



South Shore Community Partners in Prevention

South Shore Community Partners in Prevention (CHNA 23)

Wednesday, May 10, 2017

8:45 A.M. to 10:15 A.M.

Beth Israel Deaconess Hospital - Plymouth

Funkhouser Conference Room A

275 Sandwich Street, Plymouth

Minutes

In attendance:

<u>First Name</u>	<u>Last Name</u>	<u>Organization</u>	<u>E-mail</u>
Kim	Allen	SSCPP Coordinator/United Way of Greater Plymouth County	chna23@gmail.com
Ann	Burke	Fenway Health	ABurke@fenwayhealth.org
Maureen	Cavicchi	DDS	Maureen.cavicchi@state.ma.us
Donna	Ciappina	Duxbury Senior Center	donnaciappina@duxburycoa.com
Brynn	Cooper	DMH Plymouth	Brynn.cooper@massmail.state.ma.us
Marian	De la Cour	BID Plymouth	mdelacour@bidplymouth.org
Nancy	Deluca	Health Imperatives	ndeluca@healthimperatives.org
Tina	Dwyer	South Shore Health System	Katrina_Dwyer@sshosp.org
Shawna	Fanning	High Point	sfanning@hptc.org
Nikki	Galibois	South Shore Community Action Council	NBGalibois@sscac.org
George	Gorgizian	PCCF	gGorgizian@PCSdma.org
Liz	Haughn	KDC	ehaughn@kdc.org
Mike	Jackman	Congressman Keating, SSCPP Chair	Michael.Jackman@mail.house.gov

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

chna23@gmail.com

www.chna23.org

Siobhan	McKay	DDS	siobhan.mckay@state.ma.us
Julie	Richer	Harbor Health PACE	jricher@hhsi.us
Deb	Schopperle	BID Plymouth	dschopperle@bidplymouth.org
Amy	Sylvia	SSWRC- Road to Healing	Amy.sswrc@hptc.org
Charlette	Tarsi	South Bay Community Services	ctarsi@southbaycommunityservices.com
Michelle	Trepanier	NVNA & Hospice	J2cohen@student.bridgew
Susan	West	BID Hospital Plymouth	SM.West@verizon.net

Meeting called to order by Mike Jackman, SSCPP Chair at 9:00a.m. Everyone was welcomed and gave self-introductions.

Minutes for the April 12th SSCPP general meeting were approved unanimously by all in attendance.

FY2017-18 SSCPP Steering Committee Nominations: Currently have 12 steering committee members and our operating principles allow for a maximum of 15. SSCPP welcomes nominations. Please send a brief bio to SSCPP Coordinator Kim at chna23@gmail.com by May 30th if you are interested. Please contact any member of the steering committee with questions. Nominations will be considered at the June meeting.

Steering committee meetings are from 1-3PM the first Thursday of each month at BID Plymouth (same room as general meeting). Steering committee also oversees the health literacy initiative.

Panel: Mental Health

Mike thanked Liz Haughn for her work in putting together the panel.

Liz has a child dealing with mental health and wanted to share some of the resources that are available to help in the local community as well as discuss the challenges many experience in navigating schools and services.

Panelists: Brynn Cooper, Department of Mental Health; Barbara Decunzo, Parent and Plymouth NAMI Board Member; Tresa Salters, Parent Information Network- Parents of Transitional Age Youth; Heather Connor, Parent Information Network

Liz moderated panel and introduced our four panelists. All were given the opportunity to share and respond to questions.

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

Brynn

- Works for the Department of Mental Health (is leaving her position this month). DMH's Plymouth Site Director, Sarah Stanley is also a great resource.
- Approves adults needing service at DMH and does a lot of outreach on mental health.
- Helps people in hospitals transition back into the community. Also does assessments for those coming in. Monitors clubhouse run by Vinfen.
- Has family members struggling with mental health and substance use.

Barbara

- Parent of 29 year old suffering from paranoid schizophrenia and member of Plymouth Area National Alliance of Mental Health (NAMI) Board.
- Feels that NAMI saved her and her husband. NAMI is national non-profit program for family and friends of people who have loved ones with mental illness.
- Offer free education programs: Family 2 Family Course (12 weeks), NAMI Basics Course (6 weeks), NAMI Peer-to-Peer (10 weeks), and NAMI in Our Own Voice (two trained speakers presenting personal experiences related to mental illness in front of an audience).
- Are working to spread the word on their programming.
- Annual Walk will be held May 13th in Brighton, MA.
- NAMI Plymouth is open to all populations and ages. Meet first and third Thursday at 7:00PM at BID Plymouth Hospital.

Tresa

- PIN is funded by the MA Department of Mental Health Southeast Area and managed by BAMSII. All are eligible. www.pin.bamsi.org
- Tresa is a single parent with lived experience.
- PIN serves those age 5-25. Tresa manages specialty groups for Parents of Transitional Age Youth. Provides information, education, guidance, outreach and support to parents of transitional age youth (14-25) who have emotional, behavioral, and/or mental health challenges.
- Encourage parents to come to support groups and connect with other parents.
- All staff are trained in the education process and can go to school meetings with parents and offer support (can take notes and serve as friend and ally).
- Also have a fathers' group and a couples' group. Childcare is provided at support groups.
- Will do presentations at any agency that is in need.

Heather

- Also works for PIN. Is a mom to four adopted children and is the PIN Plymouth area parent coordinator.

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland

- PIN is a grass roots program offering support for parents.
- Free service. Many staff members have children with mental illness.
- Share information with parents and learn from parents too.
- Go out into the community to meet parents. The stigma of mental health makes it hard to talk. Will meet for a cup of tea, at a Panera, walk the beach, etc.
- Help lead parents to resources and show them what is available.
- Cover whole southeast area. Offer trainings, programs, and conference as well.
- PIN is a part of SSCPP sponsored “Laughter is the Best Medicine” event on May 17th.

Discussed barriers to accessing these programs and the role of health literacy. Unfortunately, some of this information is not readily available or easy to find. Stigma can play a role in the difficulty in finding these programs. Some clinicians also do not bother to connect parents with DMH.

Suggestions for parents for ways to make a difference from panelists: DMH application process needs to be streamlined or easier to fill out. Brynn always willing to help fill out application. More services needed for transitional age youth and more employment services. NAMI needs help spreading the word about its services and need more to join in. Barbara suggests keeping a personal record of your child’s behavior for practitioners and hospitals. Tresa suggests being open to sharing resources with everyone you meet as you never know what he or she is going through. Most know someone with a mental health issue. Support is key.

The floor was opened for questions and discussion with panelists.

Interface hotline promoted for crisis. Help with advocacy: 888-244-6843

Upcoming SSCPP Events (details on our website at www.chna23.org/calendar):

May 16th- A Conversation About Removing Obstacles to HealthCare for People with Disabilities

May 17th- SSCPP sponsors “Laughter is the Best Medicine” Comedy Night on Breaking Down the Stigma of Mental Health

May 18th- Marian De La Cour, Medical Librarian at BID Plymouth and SSCPP steering committee member will be presenting a training on Untangling the Web on Consumer Health Information.

The floor was opened for agency announcements.

The next meeting is scheduled for **June 14th (Annual Meeting)**.

Respectfully submitted by Kimberly Allen
CHNA 23 Coordinator

CHNA 23: South Shore Community Partners in Prevention

Serving the communities of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton, and Rockland