



## South Shore Community Partners in Prevention

**South Shore Community Partners in Prevention (CHNA 23)**  
**Wednesday, January 11, 2017**  
**8:45 A.M.to 10:15 A.M.**  
**Beth Israel Deaconess Hospital- Plymouth**  
**Funkhouser Conference Room A**  
**275 Sandwich Street, Plymouth**

Minutes

In attendance:

<u>First Name</u>	<u>Last Name</u>	<u>Organization</u>	<u>E-mail</u>
Kim	Allen	SSCPP Coordinator/United Way of Greater Plymouth County	<a href="mailto:chna23@gmail.com">chna23@gmail.com</a>
Ann	Burke	Fenway Health	<a href="mailto:aburke@fenwayhealth.org">aburke@fenwayhealth.org</a>
Danika	Castle	BID Plymouth	<a href="mailto:dcastle@bidplymouth.org">dcastle@bidplymouth.org</a>
Donna	Ciapinna	Duxbury Senior Center	<a href="mailto:donnaciappina@duxburycoa.com">donnaciappina@duxburycoa.com</a>
Brynn	Cooper	DMH Plymouth	<a href="mailto:Brynn.cooper@massmail.state.ma.us">Brynn.cooper@massmail.state.ma.us</a>
Marian	De la Cour	BID Plymouth	<a href="mailto:mdelacour@bidplymouth.org">mdelacour@bidplymouth.org</a>
Nancy	Deluca	Health Imperatives	<a href="mailto:ndeluca@healthimperatives.org">ndeluca@healthimperatives.org</a>
Sarah	Drane	BID – Plymouth CCM	<a href="mailto:sdrane@bidplymouth.org">sdrane@bidplymouth.org</a>
Eleni	Dupuis	HI Plymouth WIC	<a href="mailto:edupuis@healthimperatives.org">edupuis@healthimperatives.org</a>
Tina	Dwyer	South Shore Health System	<a href="mailto:Katrina_Dwyer@sshosp.org">Katrina_Dwyer@sshosp.org</a>
Anna	Erdei	South Bay Community Services	<a href="mailto:Anna.erdei@sbaycs.com">Anna.erdei@sbaycs.com</a>
Shawna	Fanning	High Point	<a href="mailto:sfanning@hptc.org">sfanning@hptc.org</a>
Mary	Hammond	Care One	<a href="mailto:mhammond@care-one.com">mhammond@care-one.com</a>

### CHNA 23: South Shore Community Partners in Prevention

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Liz	Haughn	KDC	<a href="mailto:ehaughn@kdc.org">ehaughn@kdc.org</a>
Mike	Jackman	Congressman Keating, SSCPP Chair	<a href="mailto:Michael.Jackman@mail.house.gov">Michael.Jackman@mail.house.gov</a>
Maureen	King	DDS	<a href="mailto:Maureen.king@state.ma.us">Maureen.king@state.ma.us</a>
Meg	Leach	PTAD	<a href="mailto:chucknmeg@comcast.org">chucknmeg@comcast.org</a>
Amy	LeFort	SAPC	<a href="mailto:alefort@hptc.org">alefort@hptc.org</a>
Sheri	Magnacea	Coastal Hearing Clinic	<a href="mailto:sheri@coastalhearingclinic.org">sheri@coastalhearingclinic.org</a>
Brianne	Ohrenberger	CCBC Community Support Program	<a href="mailto:bmurphy@comcounseling.org">bmurphy@comcounseling.org</a>
Shelby	Pedzewick	Duxbury Senior Center	<a href="mailto:shelbypedzewick@yahoo.com">shelbypedzewick@yahoo.com</a>
Susan	Rabionowitz	Home for Little Wanderers	<a href="mailto:Srabionowitz@theshome.org">Srabionowitz@theshome.org</a>
Judith	Reppucci	Harbor Health Services	<a href="mailto:jreppucci@hhsi.us">jreppucci@hhsi.us</a>
Kevin	Rosario	Gosnold on Cape Cod, Regional Outreach Representative	508-274,4477, <a href="mailto:krosario@gosnold.org">krosario@gosnold.org</a>
Kathleen	Small	Marshfield Council on Aging (intern)	<a href="mailto:kathleenanne09@yahoo.com">kathleenanne09@yahoo.com</a>
Amy	Sylvia	SSWRC- Road to Healing	<a href="mailto:Amy.sswrc@hptc.org">Amy.sswrc@hptc.org</a>
Charlette	Tarsi	South Bay Community Services	<a href="mailto:ctarsi@southbaycommunityservices.com">ctarsi@southbaycommunityservices.com</a>
Meg	Verni	Cardinal Cushing Centers	<a href="mailto:mverni@cushingcenters.org">mverni@cushingcenters.org</a>
Cindy	Wengryn	PTAD	<a href="mailto:wengryn@hotmail.com">wengryn@hotmail.com</a>
Chris	White	Road to Responsibility	<a href="mailto:cwhite@rtrinc.org">cwhite@rtrinc.org</a>

Meeting called to order by George Gorgizian, SSCPP Treasurer at 9:00a.m. Everyone was welcomed and gave self-introductions.

Minutes for the December 14th SSCPP general meeting were approved unanimously by all in attendance.

Panel: Substance Use

Panelists: Amy LeFort, Plymouth Substance Abuse Prevention Cluster

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Kevin Rosario, Gosnold

Cindy Wengryn, Pembroke Titans Against Drugs

Each panelist provided a self-introduction and was given the opportunity to share.

#### Kevin, Gosnold

- Kevin travels between Cape Cod, Plymouth and Duxbury in his role of Regional Outreach Representative.
- Gosnold has five family support groups for mental health and substance abuse disorders.
- Talked about the language and stigma around mental health and addiction and Gosnold's use of language such as "positive lab result for opioids" vs. "dirty urine" and "regression" vs. "relapse".
- Kevin feels many people do not understand that addiction is a disease, though this is changing.
- Do not have to wait for a person to "want" to recover as this often does not happen until an "episode" occurs (i.e. overdose, arrest, DUI, spouse issues). Presented example of a 25-year-old addict who was "not ready" to recover (despite having support around him) and successfully got back on track.
- Suggests, rather than focusing on negatives, focus on showing what is possible.
- Discussed addiction taking place in the brain (in an area that overrides reason).
- Also discussed withdrawal and how it can serve as a reason to continue use. Mindset of "If I don't get this drug, I will die".
- Kevin believes the language and energy we project can have a huge impact on a person. Those with other illnesses, such as diabetes and lung cancer are not treated the same when they, for example, consume too much sugar or smoke a cigarette as when a person "relapses" on drugs or alcohol.
- Left materials on resource table. Kim to e-mail out Gosnold slides on "Addiction: Current Trends in Substance Use Disorder, Treatment Innovation and Prevention".

#### Cindy, Pembroke Titans Against (PTAD)

- Cindy provided an update on the latest happenings at PTAD and their plans for the upcoming year.
- Pembroke schools will be looking at adding a health curriculum to address social health programs.
- Have a new social worker in schools to help grandparents/aunts/uncles raising children. Offer a support group once a month and PTAD provides pizza and baby sitting.
- Plan to have more guest speakers and to bring in local police officers and fire fighters.
- Will introduce "calm classroom" mindfulness training for K-6 and will have a full time resource officers for high school and middle school students.

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## Amy, Plymouth Substance Abuse Prevention Cluster

- Will be doing a sticker shock campaign in Plymouth, Middleboro and Carver in April with a kick-off event to work on stopping underage drinking.
- Did research in schools and found the perception of harm for drinking (with kids and parents) was overall “jaded/blasé” and in response will be doing a social marketing campaign designed by youth. Perception of risk of harm from marijuana was found to be even lower than that of alcohol. Plan to address this as well in the marketing campaign.
- Are also planning to work on social norming which relates to peer pressure/what is “normal” as perceived by society and peer group. Found students have a perception that 70% of their peers drink (in reality it is only 30%). Will use data from the schools to show the real local data in this ad campaign.

The floor was opened for questions and discussion with panelists.

The floor was opened for agency announcements. Mike encouraged all to visit the SSCPP resource table and to email Kim at [chna23@gmail.com](mailto:chna23@gmail.com) with announcements and events for sharing with the e-mail list.

The next meeting is scheduled for **February 8th**.

Respectfully submitted by Kimberly Allen  
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